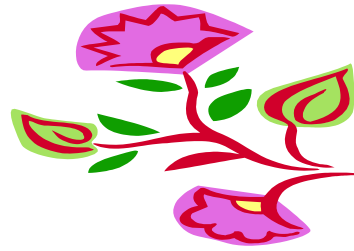




MULTI-SERVICE SENIOR CENTER

40086 PASEO PADRE PARKWAY
FREMONT, CA 94538
www.ci.fremont.ca.us



LUNCH: 12:00 NOON

Members: \$4:00 SENIORS
Non-Members: \$5:00
Youngsters: \$6:00

TICKETS INFORMATION # 790-6610


OFFICE # 790-6600

*Vegetarian Option Available

LUNCH JANUARY 2004

MEALS ARE COOKED ON SITE

SOLD:
FIRST-COME, FIRST-SERVED
NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<u>CLOSED</u> ¹	<u>CLOSED</u> ²
Happy New Year ⁵ Tomato Orange Soup Roasted Chicken Roasted Potatoes Vegetable, Salad Roll, Dessert	⁶ Pork Colorado Spanish Style Rice Vegetable, Salad Roll, Dessert	⁷ Swiss Steak With Mashed Potatoes & Gravy, Vegetable Salad, Roll, Dessert	⁸ Chicken Saltimbocca With Marinara Sauce Linguini, Vegetable Salad, Garlic Bread Dessert	⁹ Crab Cakes, Caesar Salad, Vegetable Steamed Potatoes Roll, Dessert
¹² Beef Stew With Potatoes, Mixed Vegetables, Salad Roll, Dessert	¹³ Oven Roasted Tri tip Baked Potato, Gravy Vegetable, Salad Roll, Dessert	¹⁴ Baked Salmon Tar tar Sauce, Steamed New Potatoes, Salad Vegetable, Roll Dessert	¹⁵ Grilled Liver & Onions Garlic Mashed Potato Gravy, Vegetable Salad, Roll, Dessert	¹⁶ TACO SALAD DESSERT
¹⁹ CLOSED FOR MARTIN LUTHER KING DAY	²⁰ Martin Luther King Day \$5- \$6- \$7- Oven Fried Chicken, Potato Salad, Black-eyed Peas Rice, Ham Hocks & Greens Peach Cobbler	²¹ Yankee Pot Roast With Assorted Vegetables Potatoes, Salad Corn Bread, Dessert	²² Chinese New Year \$5- Chicken Chow Mien Shrimp Fried Rice Stir Fried Vegetables Egg Rolls Fortune Cookies	²³ Clam Chowder Half Chicken Sandwich, Vegetable Salad, Dessert
²⁶ Grilled Snapper With Tomatoes & Onions Olives, Steamed Rice Salad, Roll, Dessert	²⁷ Beef Stroganoff Over Noodles, Vegetable Salad, Roll, Dessert	²⁸ Meat Loaf, Gravy Mashed Potatoes Vegetable, Salad Roll, Dessert	²⁹ Lamb Shanks With Vegetables, & Potatoes Salad, Roll, Dessert	³⁰ <u>OFFICE CLOSED</u>

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.